MY 2020 COVID-19 TIME CAPSULE

BY: Emna
ALL ABOUT ME

I AM
8 YEARS OLD

I STAND
52 INCHES TALL

I WEIGH
68 POUNDS

SHOE SIZE
4

MY FAVOURITES

TOY: Lol

COLOUR: Pink, Purple, blue

ANIMAL: Monkey

FOOD: Burger

SHOW: Team Kaylie

MOVIE: Aladdin

BOOK: A sister more like me

ACTIVITY: Swimming

PLACE: New York

SONG: Beautiful People by Ed Sheeran

MY BEST FRIEND/S:
Rose, Emmy, Carys, Grace, Molly, Lily

WHEN I GROW UP I WANT TO BE:
A model and an Artist

DATE: 5/12/2020
YOU ARE NOT STUCK AT HOME.
YOU ARE SAFE AT HOME!

WHAT I AM DOING TO KEEP BUSY:

- Going to Zoom meetings
- Going to church
- Playing card games
- Going on walks
- Playing ball
- Music and dancing
Emma Oronsaye

How I'm Feeling

Words to describe how I feel:
- happy
- sad
- angry

How my face looks:
- 😄 😄 😄 😞 😞

I am most thankful for:
- mom
- dad

What I have learnt most from this experience:
- to wash my hands
- to stay healthy

The 3 things I am most excited to do when this is over:
1. go to school
2. be not war
3. see my family
YOU ARE LIVING THROUGH HISTORY RIGHT NOW

TAKE A MOMENT TO FILL IN THESE PAGES FOR YOUR FUTURE SELF TO LOOK BACK ON. AND HERE ARE SOME OTHER IDEAS OF THINGS TO INCLUDE:

☐ SOME PHOTOS FROM THIS TIME
☐ A JOURNAL OF YOUR DAYS
☐ LOCAL NEWSPAPER PAGES OR CLIPPING

☐ ANY ART WORK YOU CREATED
☐ FAMILY / PET PICTURES
☐ SPECIAL MEMORIES

DRAW A PICTURE OF THE PEOPLE YOU ARE SOCIAL DISTANCING WITH HERE.
Ema Oronsaye

MY COMMUNITY

WHERE I AM LIVING DURING THIS TIME:

WHAT THINGS ARE YOU DOING TO HELP FEEL CONNECTED/HAVE FUN OUTSIDE (e.g. hearts in windows, chalk notes on sidewalk, etc.)

basketball
grilling
reading
relaxing

HOW ARE YOU CONNECTING WITH OTHERS?

Zoom
OUR HANDPRINTS
PRINT THE HANDS OF ALL THE PEOPLE LIVING IN YOUR HOME
(IN DIFFERENT COLOURS) AND PLACE YOUR HANDS HERE
DEAR EMA,

How are you our little princess? We know that this is a very hard time for you and we want you to know that it hopefully would be over soon. We understand how much you miss school, soccer swimming and most of all your friends. We would do everything we can to keep you safe but also try to make things as fun and as normal as possible for you.

In the meantime, staying home (Social distancing), staying clean and taking care of ourselves are all things we must do to reduce the spread of this bad Virus.

Remember we love you and are always here to answer any questions you may have about COVID-19.

LOVE, Mom & Daddy O.
May 11, 2020

Dear, Ema

How are you? I was writing to let you know that there is a virus called coronavirus. Did they find a vaccine for it? It is very boring because we can not go to school and our classes are on Zoom. You are probably good at basketball so you are healthy and famous right? It is still annoying and does he still annoy you about liking food? I hope you are in a safe environment!

Love, Ema
Images of the time......